



Business Supplies

# TLC TALK

tel 01765 690 490  
fax 0800 376 9332  
sales@  
tlcbusiness-supplies.co.uk  
www.  
tlcbusiness-supplies.co.uk

TLC LTD 6/7 NAVIGATION WAY, RIPON BUSINESS PARK, RIPON HG4 1AB

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## 'Health' Issue

### DOES YOUR COMPANY CARE FOR ITS STAFF?

There are several Companies who provide individual and Company 'health plans'. Health Plans are an excellent way for you to make the most of healthcare treatments without having to worry about the cost. You simply pay for the treatment in the usual way, then simply send the receipts and claim form and the money is refunded (up to the agreed limit) usually within 4 working days.

We are fortunate in TLC to be covered by a Company Policy with the LHF (Leeds



Hospital Fund). LHF is a mutual organisation in Yorkshire with 120 years' experience in healthcare. LHF is now part of the 'Simplyhealth Group', a community of healthcare businesses that have joined together with one purpose – to help more people feel better.

LHF serves over 200,000 members, and works with around 2,000 employers and exists solely for the benefit of the members and have no shareholders whatsoever. If YOUR company is interested in promoting health for their staff look at their website on:

- [www.lhfhealthplan.co.uk](http://www.lhfhealthplan.co.uk) -

### FIRST AID KITS

Employers are required to carry out an assessment of first aid needs. In other words

they need to identify the levels of risk to their employees in carrying out their work duties and consider what first aid equipment, personnel and facilities they need to make available. Everyone should carry a first aid kit in their vehicle and we sell a range of suitable kits —



contact one of our sales advisers for more details. Kits range from £13 upwards and can be found on pages 893 to 899 in our main catalogue.

### PHONE SAFETY

Regular cleaning not only makes things look nice but helps to create an hygienic and 'bug free' office. Our main catalogue shows various phone cleaning kits on pages 152-4 priced from around £3



only — *Did you know that using specialist antibacterial wipes has shown to reduce bacteria levels by 99%? - surely your well-being is worth it!!*

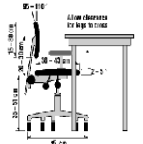
### HEALTHY LOOKING?

When a doctor remarked on a new patient's extraordinarily ruddy complexion, he said, "High blood pressure, Doctor. It comes from my family." "Your mother's side or your father's?" the doctor asked. "Neither," he replied. "It's from my wife's family." "Oh, come now," the Doctor

said. "How could your wife's family give you high blood pressure?" He sighed. "You should meet them sometime, Doctor!"

### ERGONOMICS

Back Problems are the principal cause of absenteeism in the UK today. A speedy response to a back problem can often be resolved with the correct chair. However if ignored can cause long-term damage to an individual's health.



Businesses are realising that when selecting chairs with correct support is an investment that will pay for itself, by reducing absenteeism as well as satisfying Health & Safety requirements in the workplace.

The question of how to resolve an individual's back problem is complex as each person's spine is unique and his or her back difficulties vary. The solution, sometimes, is as simple as using a footrest!

TLC are an authorised dealer for Pledge Office Chairs Ltd who for the last 32 years have manufactured a comprehensive range of chairs catering for both corrective and preventive back care issues, as one size does not fit all. Why not ring us and talk to us about it?

### AND FINALLY.....

Here is a nice quotation: "The greatest wealth is health" Virgil—Roman Poet 50BC

tlc for your office